



KidsData.org

Your Gateway to Data About
Child and Family Health and
Well-Being in California



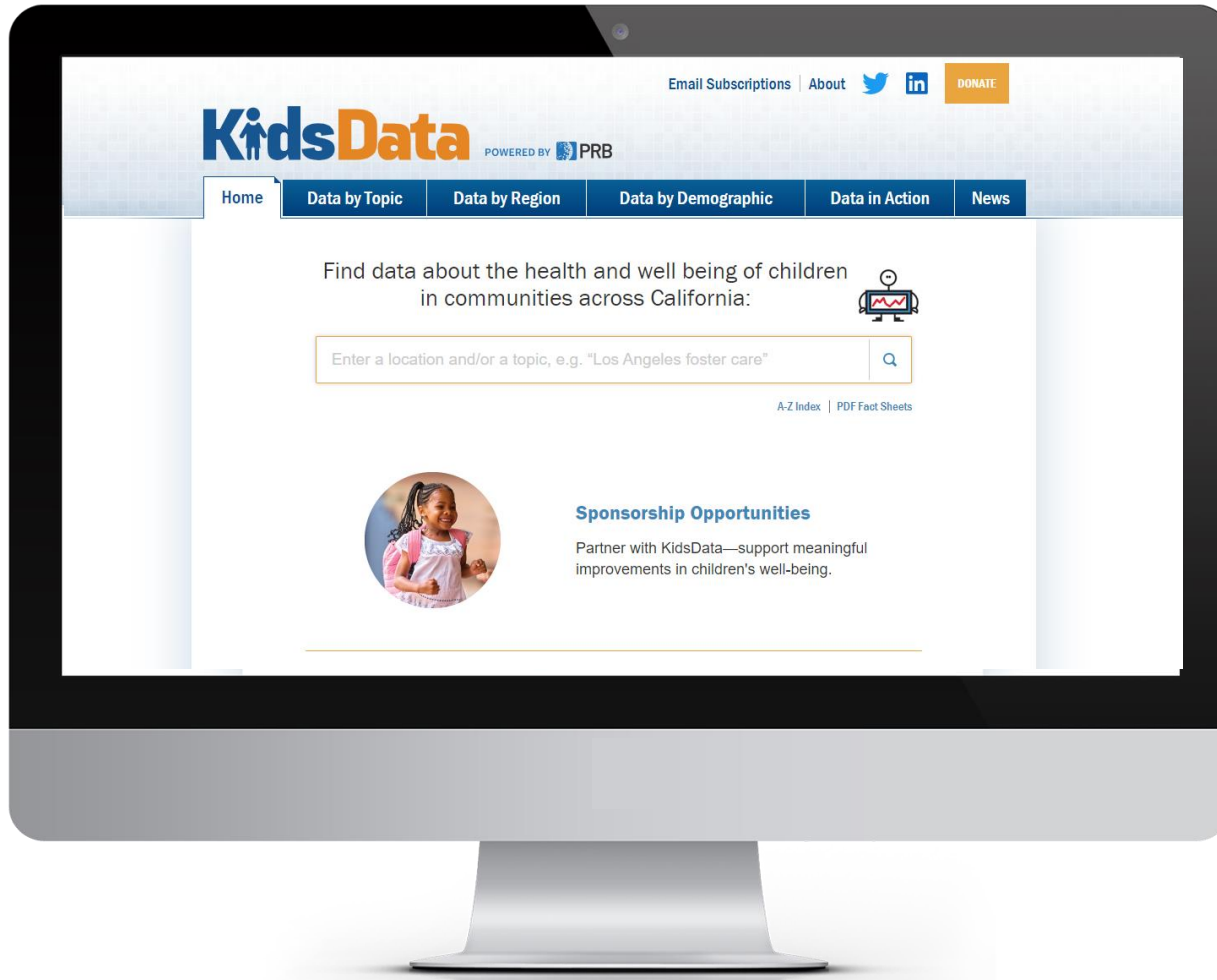
Agenda

- Overview of KidsData
- Trends we're tracking
 - Exclusive data on family experiences during the pandemic
- KidsData.org demonstration



What is KidsData?

What is KidsData.org?

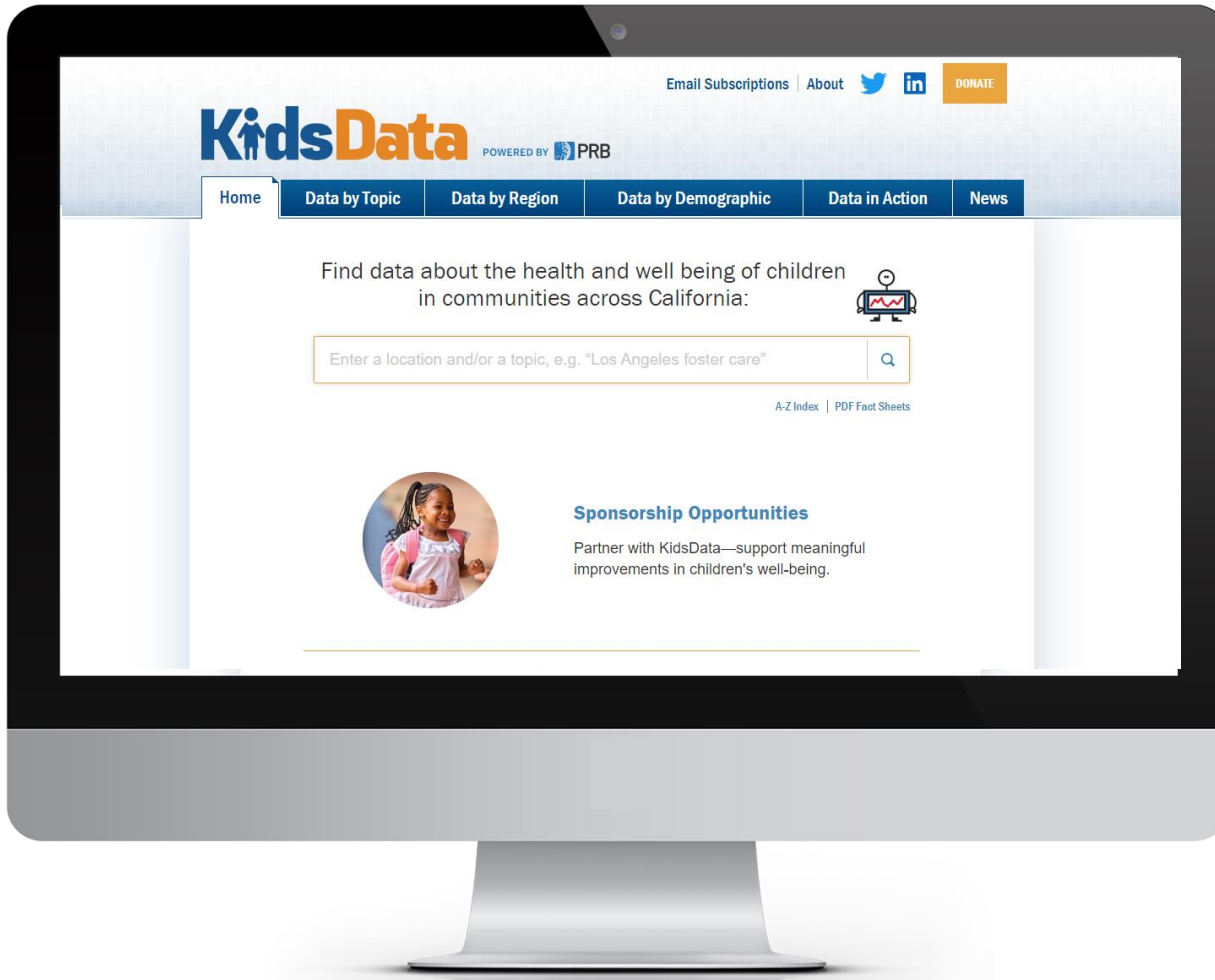


KidsData.org, a program of Population Reference Bureau (PRB), promotes the health and well-being of children in California by providing a **free** and **easy-to-use** resource that offers **high quality**, wide ranging, **local** data to those who work on behalf of children.

What is KidsData.org?

Easily find, customize, and use data on more than 1,000 measures of well-being.

- Geography: Counties, cities, school districts, legislative districts.
- Disaggregation: Age, gender, income, race/ethnicity, special health care needs status, sexual orientation, and more.



KidsData is more than just a website.



KidsData.org's 9 areas of child well-being.

Child & Youth
Safety

Children with
Special Health
Care Needs

Demographics

Education &
Child Care

Emotional &
Behavioral
Health

Environmental
Health

Family
Economics

Physical Health

COVID-19
Pandemic



Focus in 2024.

Child & Youth
Safety

Children with
Special Health
Care Needs

Demographics

Education &
Child Care

Emotional &
Behavioral
Health

Environmental
Health

Family
Economics

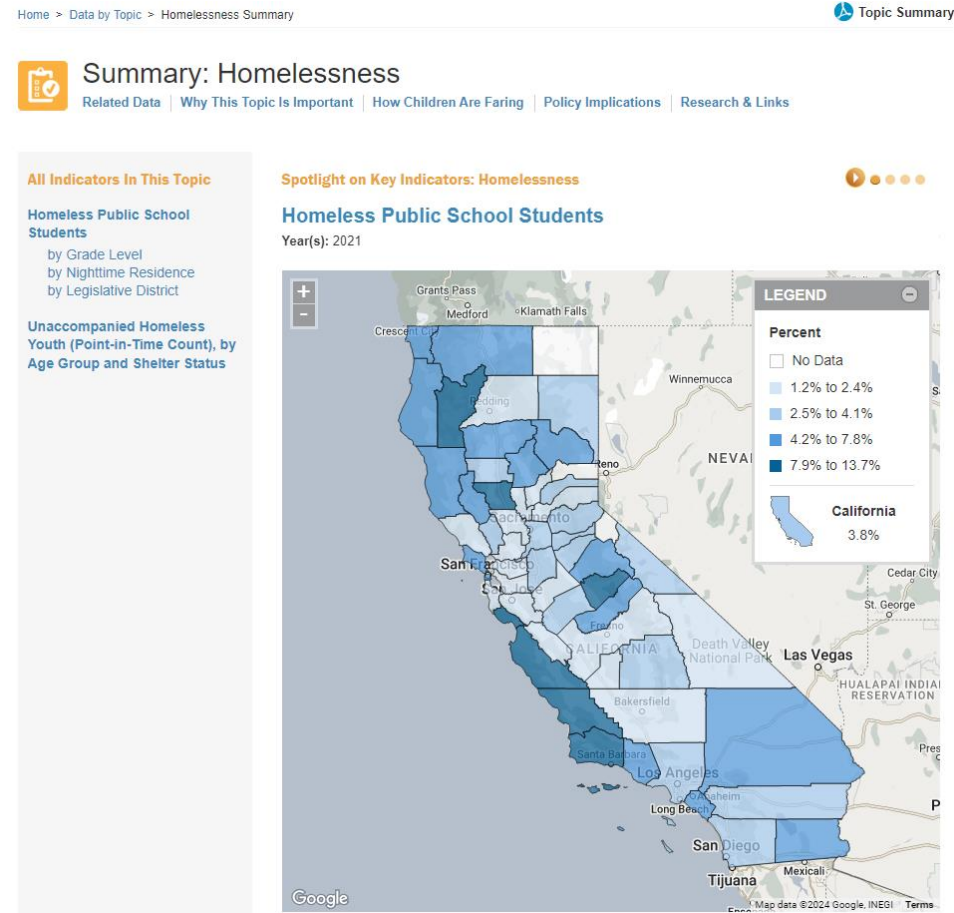
Physical
Health

COVID-19
Pandemic

- Childhood adversity and resilience.
- Children with special health care needs.
- Youth homelessness.



Data and resources on homelessness.



Topic page with data from:

- California Dept. of Education.
- U.S. Dept. of Housing and Urban Development.
- California Healthy Kids Survey.



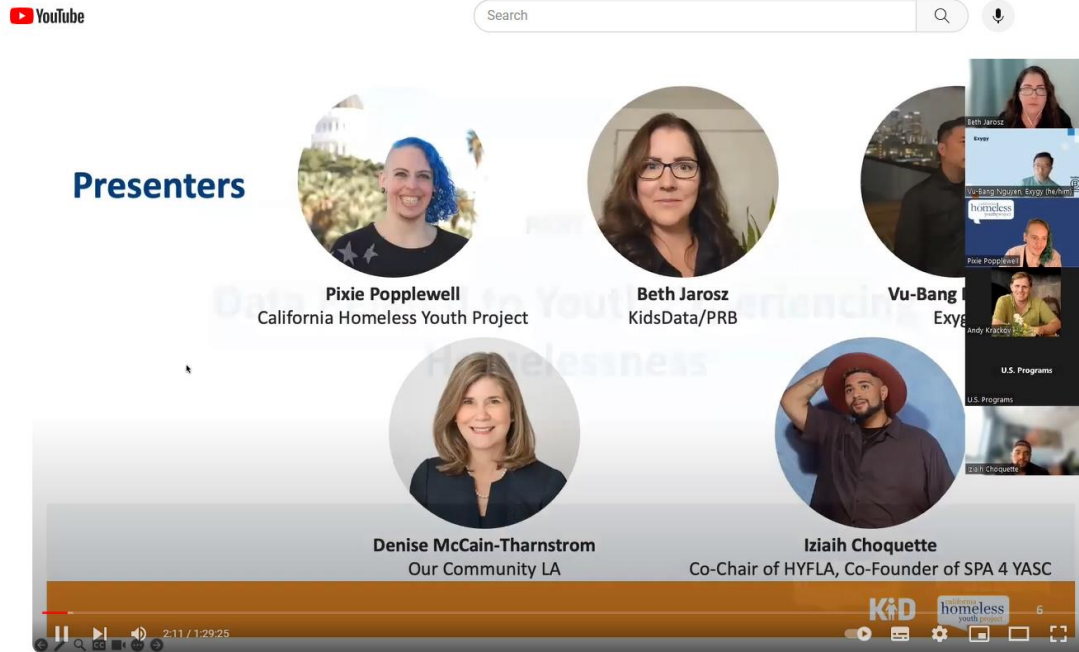
Data and resources on homelessness.



Briefs and blogs:

- [3 Things to Know About the Youth Homelessness Crisis in California](#)
- [How Many People in the United States Are Experiencing Homelessness?](#)

Data and resources on homelessness.

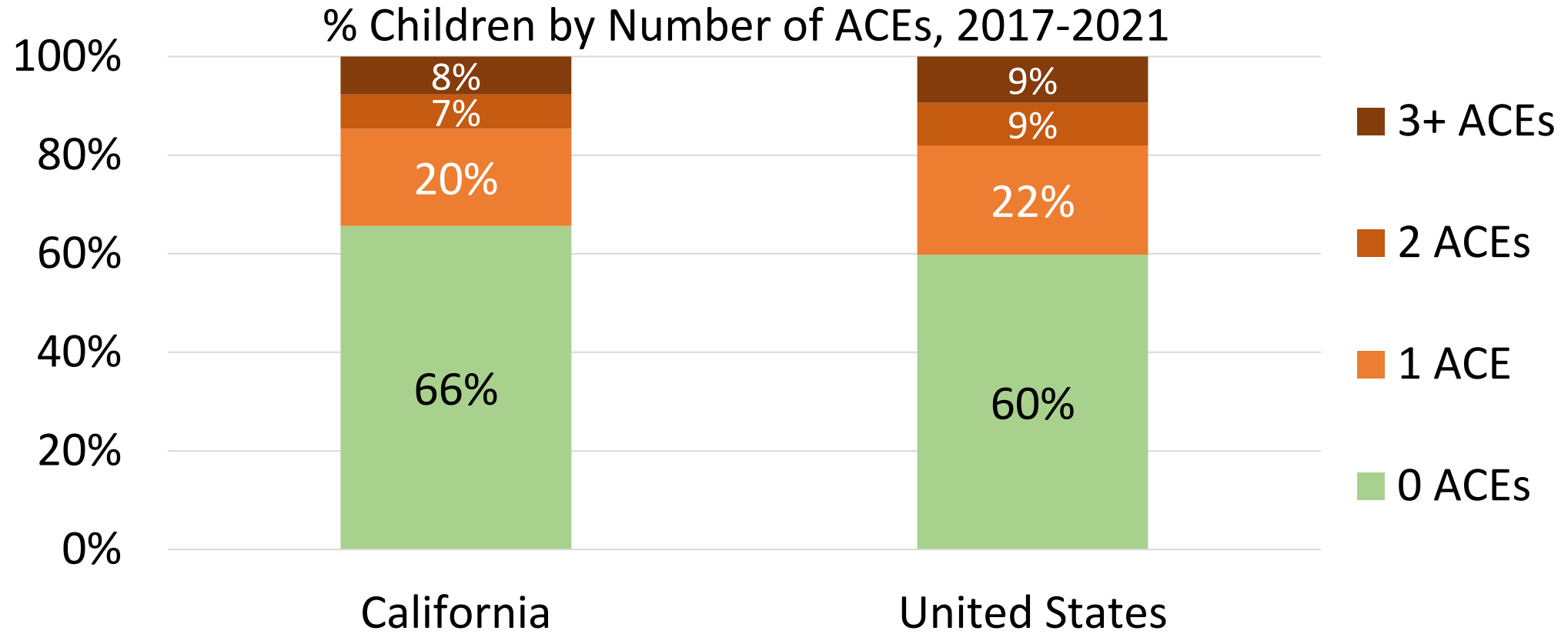


Resources

- [Webinar recording](#)

What trends have caught our attention?

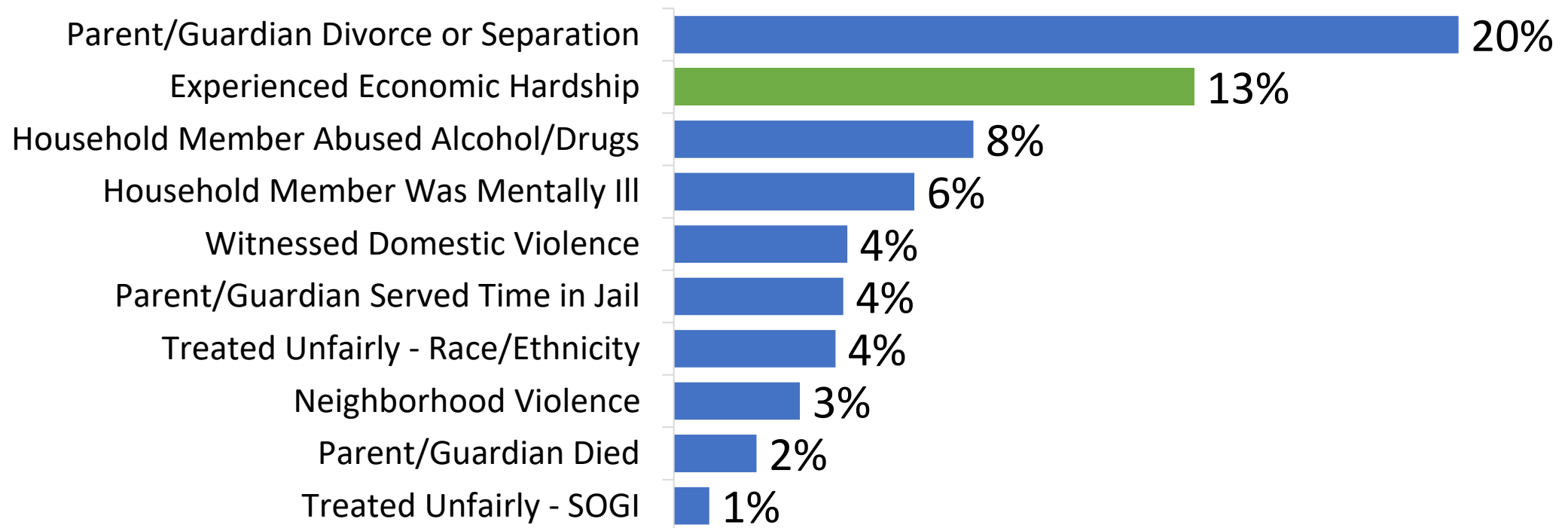
About 1 in 3 California children have at least one adverse childhood experience (ACE).



Source: PRB analysis of U.S. Dept. of Health and Human Services, National Survey of Children's Health, available KidsData.org.

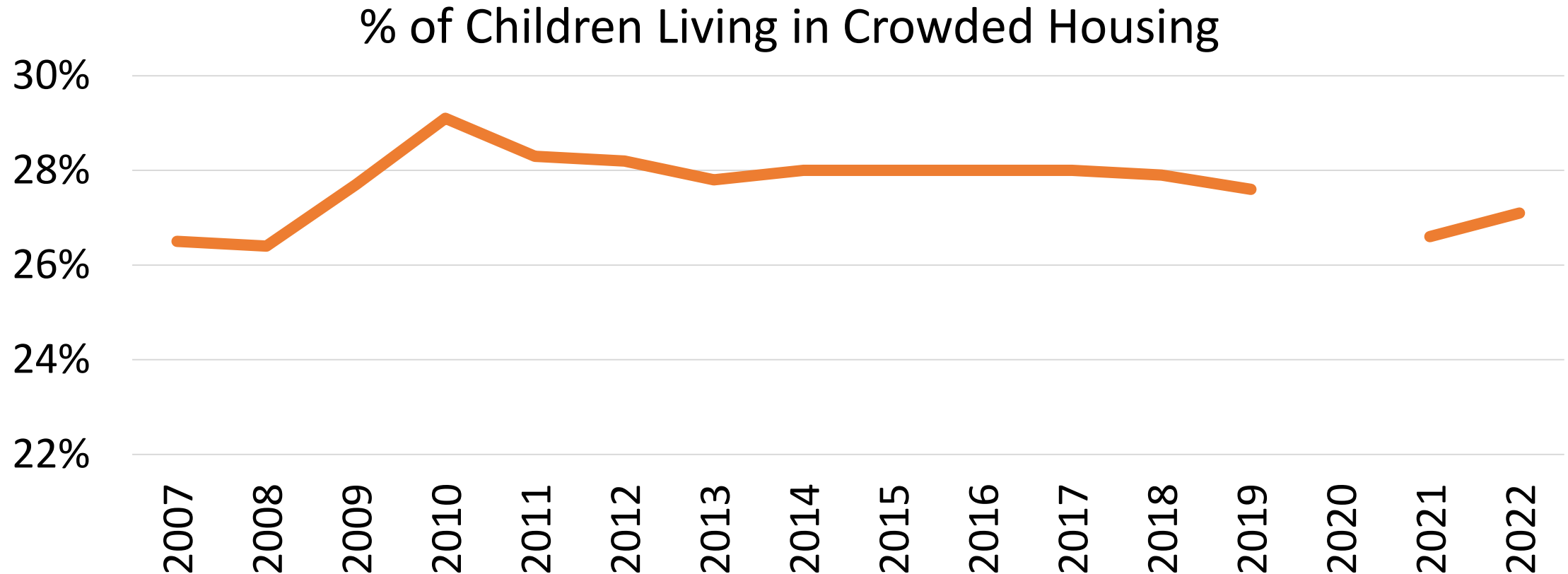
Economic hardship is one of the most common ACEs.

% of California Children, by ACE, 2017-2021



Source: PRB analysis of U.S. Dept. of Health and Human Services, National Survey of Children's Health, available KidsData.org.

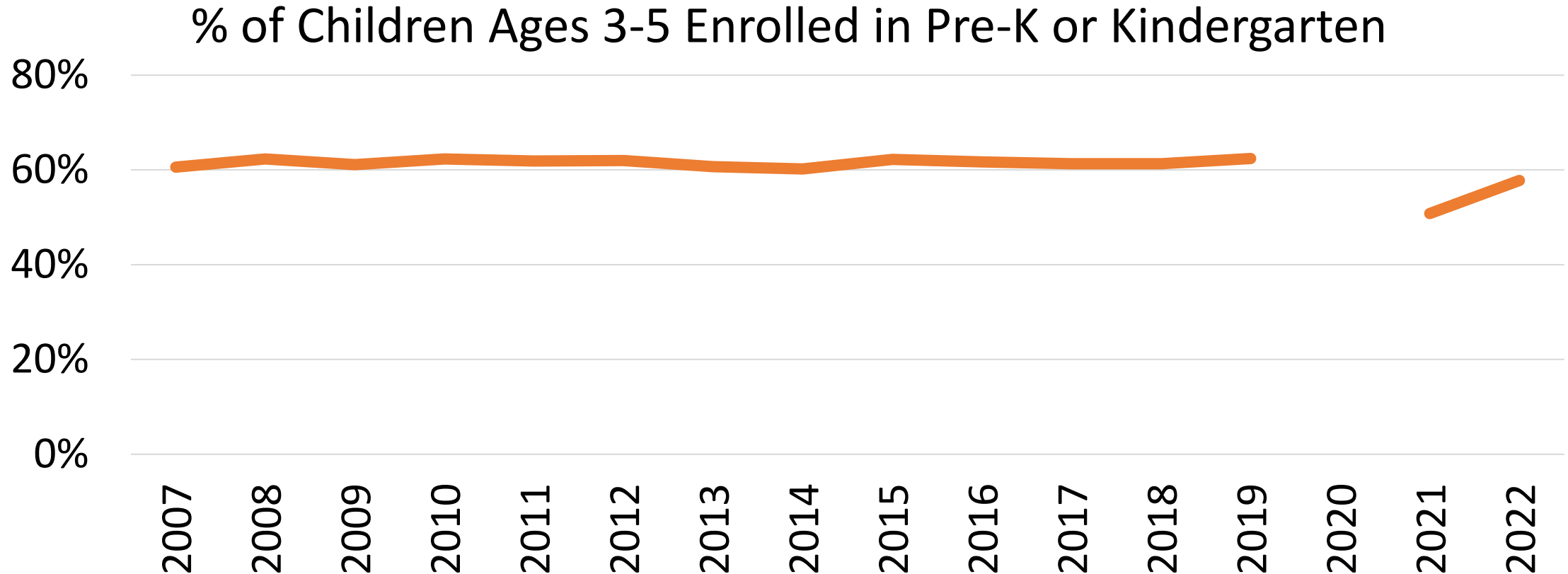
After falling for years, the share of children living in crowded housing rose in 2022.



Source: PRB analysis of U.S. Census Bureau American Community Survey public use microdata, available KidsData.org



Preschool enrollment declined steeply during the pandemic.



Source: PRB analysis of U.S. Census Bureau American Community Survey public use microdata, available KidsData.org



KidsData Exclusive:

Family Experiences During the COVID-19 Pandemic

Collaborators

NATIONAL (WAVES 1-3)

- American Academy of Pediatrics
- CDC
- Prevent Child Abuse America
- Tufts Medical Center
- Lucile Packard Foundation for Children's Health

CALIFORNIA (WAVES 1-4)

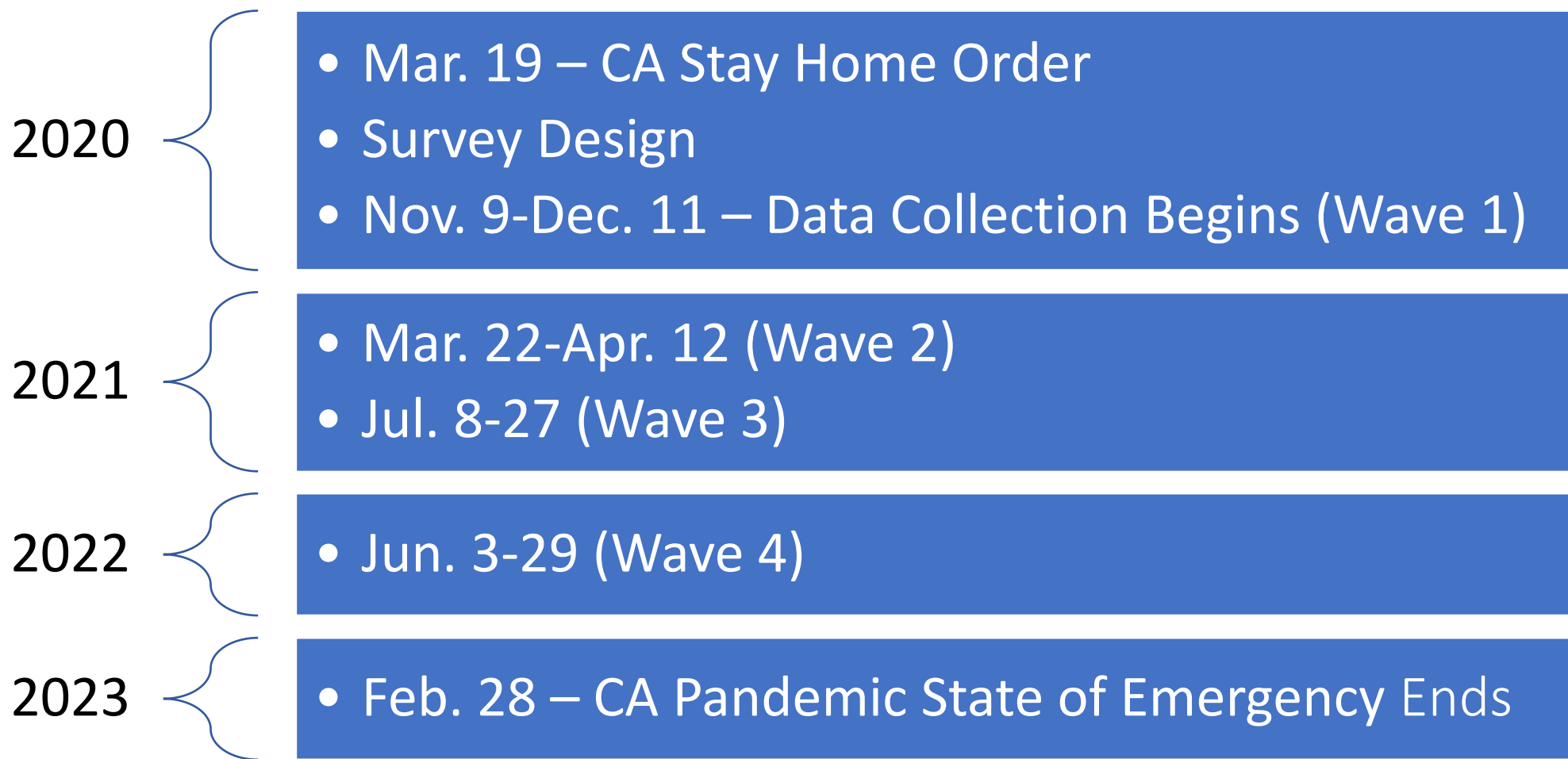
- Lucile Packard Foundation for Children's Health
- CA Essentials for Childhood Initiative (CDPH, CDSS)
- CDPH, Office of Suicide Prevention
- KidsData



Unique data collection provided unique insights.

- Internet-based survey administered to households with children.
- Approximately 1,500 responses in each wave of the survey.
- Responses weighted to be representative of California population.

Data Collection Timeline



Questionnaire Content

Health Care
Access & Use

Education &
Social
Activities

Economic
Security

Supportive
Services

Emotional &
Behavioral
Health

Child and
Caregiver
Safety

Adverse
Childhood
Experiences

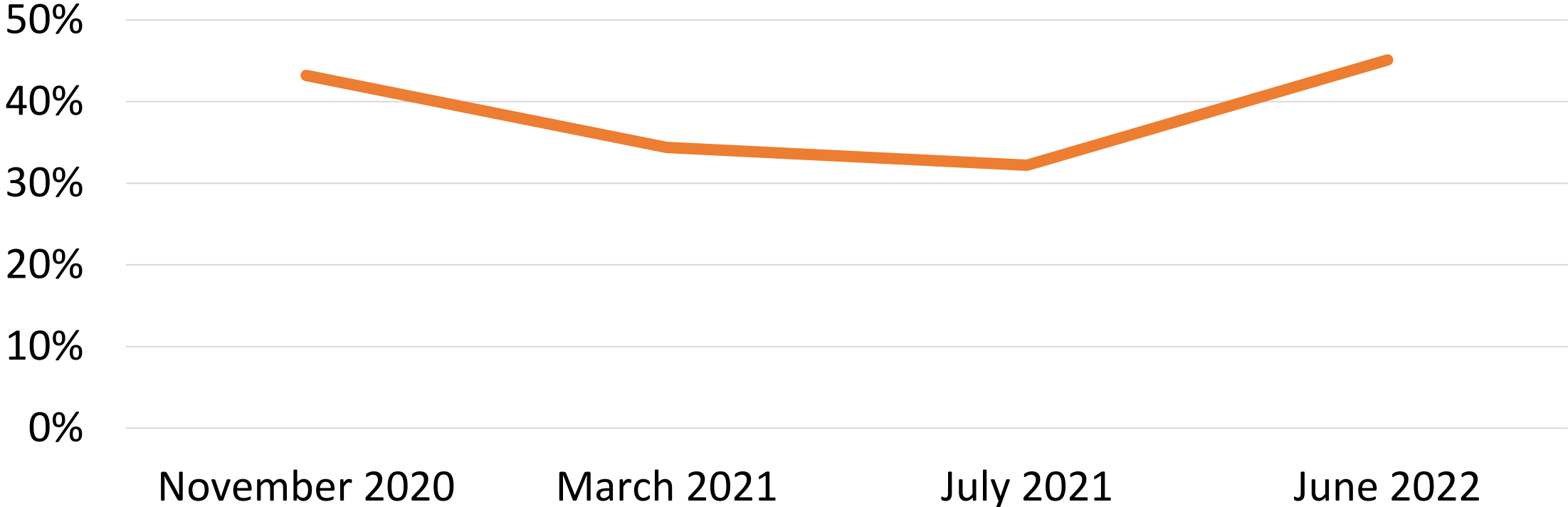
Positive
Childhood
Experiences

Caring for
CSHCN



More families reported negative impact on finances summer 2022 compared with 2021.

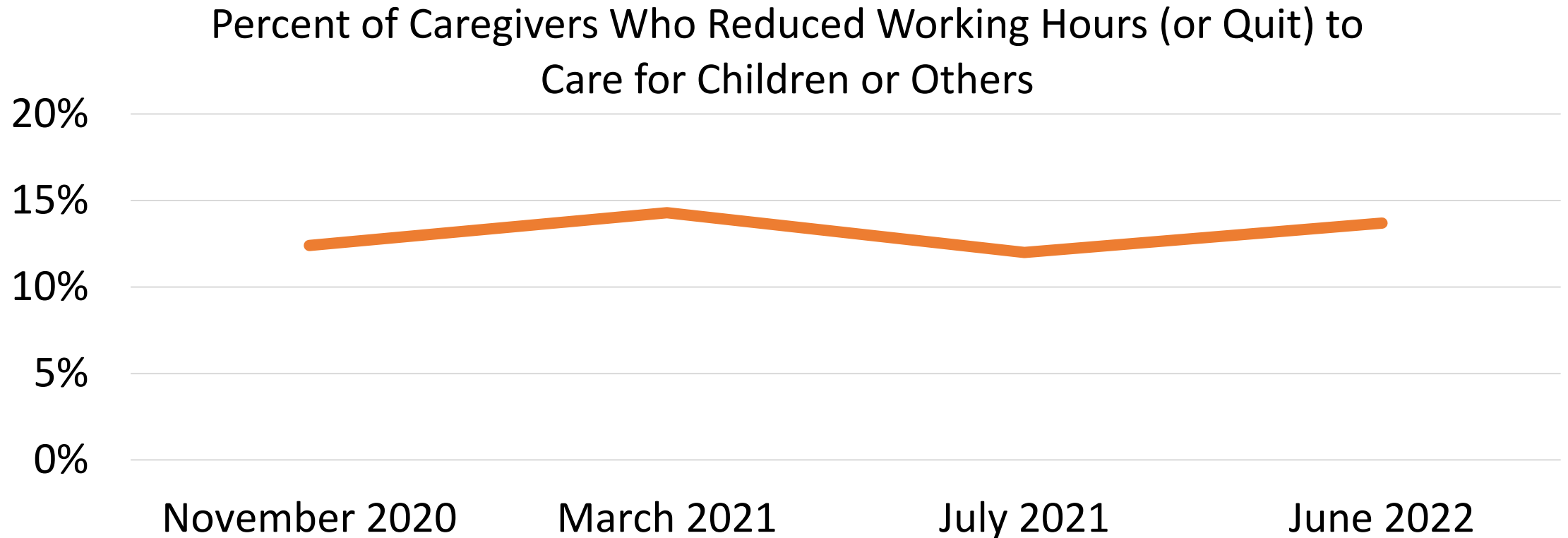
Household Finances Negatively Impacted During Pandemic



Source: KidsData from Family Experiences During the COVID-19 Pandemic.



More than 10% of respondents reported reducing their working hours for caregiving.



Source: KidsData from Family Experiences During the COVID-19 Pandemic.



Other interesting findings from the survey...

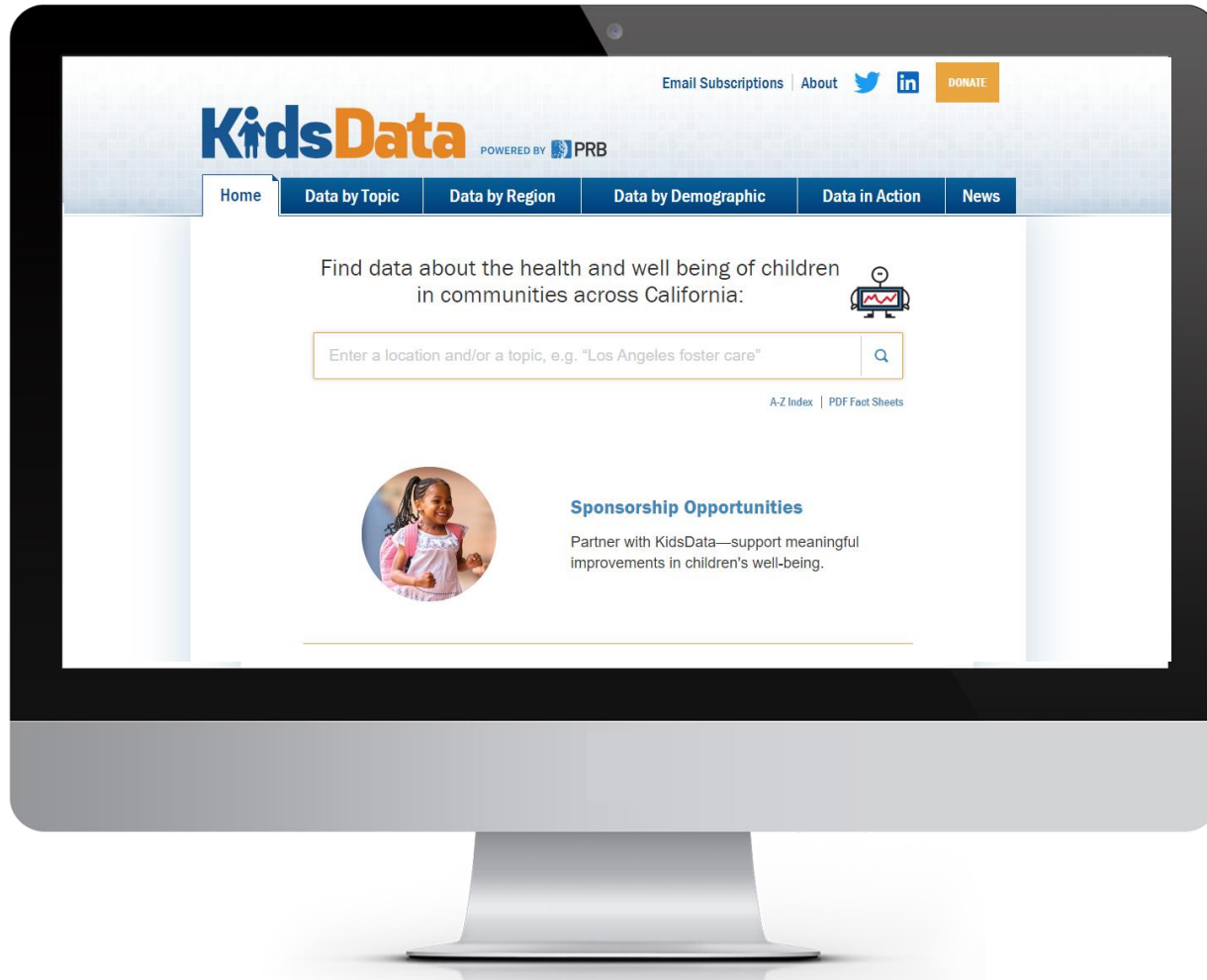
During 1st year of the pandemic, 1 in 10 households:

- Started using food banks.
 - Rate of new food bank use was highest in Bay Area (14.0%).
 - Bay Area Counties: Alameda, Contra Costa, Marin, Monterey, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, and Sonoma.
- Started using free or reduced price school meals.
 - Rate of new school meal use was highest along south coast (14.5%).
 - Southern Coastal Counties: Orange, San Diego, San Luis Obispo, Santa Barbara, and Ventura.

Source: KidsData from Family Experiences During the COVID-19 Pandemic.



Accessing Data on KidsData.org



Where can you get the data?

KidsData.org

Find data about the health and well being of children in communities across California:



Enter a location and/or a topic, e.g. "Los Angeles foster care"



[A-Z Index](#) | [PDF Fact Sheets](#)



Well-Being During the Pandemic

Investigate the COVID-19 pandemic's impacts on children and families.

See Data by Topic

Make a selection:
(Expand all)

- Child and Youth Safety
- Children with Special Health Care Needs
- Demographics
- Education & Child Care
- Emotional & Behavioral Health
- Environmental Health
- Family Economics
- Physical Health



Enter a location and/or a topic



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[Topic Overview](#)



See Data by Topic

Make a selection:


[\(Expand all | Collapse all\)](#)

- Child and Youth Safety
 - + Bullying and Harassment at School (summary)
 - + Child Abuse and Neglect (summary)
 - + Childhood Adversity and Resilience (summary)
 - + Foster Care (summary)
 - + Gang Involvement (summary)
 - + Intimate Partner Violence (summary)
 - + School Safety (summary)
- + Children with Special Health Care Needs

Enter a location and/or a topic 

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- Data by Demographic
- Data in Action
- News

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 Topic Overview



See Data by Topic


Make a selection:
(Expand all | Collapse all)

- Child and Youth Safety
 - + Bullying and Harassment at School (summary)
 - + Child Abuse and Neglect (summary)
 - Childhood Adversity and Resilience (summary)
 - Children with Adverse Experiences (Parent Reported) by County
 - Children with Adverse Experiences (Parent Reported) by State
 - Children with Two or More Adverse Experiences (Parent Reported) by Race/Ethnicity (CA & U.S. Only)
 - Children Who Are Resilient (Parent Reported)
 - Prevalence of Childhood Hardships (Maternal Retrospective)


Children with Adverse Experiences (Parent Reported), by Number (CA & U.S. Only)

(change indicator)

[Related Data](#) | [Why This Topic Is Important](#) | [How Children Are Faring](#) | [Policy Implications](#) | [Research & Links](#)

 See Definition, Source & Notes

- Table
- Bar
- Pie

 Download & Other Tools

Location: (hide) 1 selected Year(s): (edit) 2017-2021 Number of ACEs: (edit) All

Clear All

- United States
- California

California	Percent
0 ACEs	65.7%
1 ACE	19.7%
2 ACEs	7.0%
3 ACEs	3.7%
4 or More ACEs	4.0%

Receive an email alert when these data are updated

Your email address

SIGN UP



Children with Adverse Experiences (Parent Reported), by Number (CA & U.S. Only)

(change indicator)

[Related Data](#) |
 [Why This Topic Is Important](#) |
 [How Children Are Faring](#) |
 [Policy Implications](#) |
 [Research & Links](#)

Receive an email alert when these data are updated

SIGN UP

i See Definition, Source & Notes

Table |
 Bar |
 Pie

Location: (hide)
1 selected

Year(s): (e)
2017-2021

[Clear All](#)

United States

California

California	
0 ACEs	
1 ACE	
2 ACEs	1.0%
3 ACEs	3.7%
4 or More ACEs	4.0%

i **Definition, Source & Notes** [\(Return to top\)](#)

Definition: Estimated percentage of children ages 0-17 with and without adverse childhood experiences (ACEs), by number (e.g., in 2017-2021, 4% of California children had experienced four or more ACEs).

Data Source: U.S. Dept. of Health and Human Services, [National Survey of Children's Health](#) (Apr. 2023).

Footnote: Due to changes in methodology, these estimates should not be compared with data from earlier years. This indicator reports on ten adverse childhood experiences: For children ages 0-17, (1) experienced economic hardship, (2) parent or guardian got divorced or separated, (3) parent or guardian died, (4) parent or guardian served time in jail, (5) witnessed domestic violence, (6) witnessed or experienced neighborhood violence, (7) household member was mentally ill, (8) household member abused alcohol or drugs, (9) treated unfairly because of race/ethnicity, and, for children ages 6-17, (10) treated unfairly because of sexual orientation or gender identity. ACE type (10) is captured in survey years 2020 and later only. These estimates are based on a survey of the population and are subject to both sampling and nonsampling error. For more information, see <https://www.childhealthdata.org/learn-about-the-nsch/NSCH>.

Children with Adverse Experiences (Parent Reported), by Number (CA & U.S. Only)

[\(change indicator\)](#)

[Related Data](#) | [Why This Topic Is Important](#) | [How Children Are Faring](#) | [Policy Implications](#) | [Research & Links](#)


 See Definition, Source & Notes

Table Bar Pie

Location: [\(hide\)](#)
1 selected

Year(s): [\(edit\)](#)
2017-2021

Number of ACEs: [\(edit\)](#)
All

United States
 California

[Clear All](#)

California	
0 ACEs	
1 ACE	
2 ACEs	
3 ACEs	
4 or More ACEs	

+ Measures of Childhood Adversity and Resilience on Kidsdata.org

+ Related Data

- Why This Topic Is Important

Childhood adversity—such as poverty, maltreatment, experiences of racism, exposure to violence, and growing up with substance abuse or mental illness at home—can have negative, long-term impacts on health and well being (1, 3). More than one-third of children statewide and nationally have had at least one adverse childhood experience (ACE) (2). Early experiences affect brain structure and function, which provide the foundation for learning, emotional development, behavior, and health (3). The toxic stress associated with traumatic and often prolonged early adverse experiences can disrupt healthy development and lead to behavioral, emotional, academic, and health problems during childhood and adolescence (1, 3). It also can lead to serious behavioral, emotional, and health issues in adulthood, such as chronic diseases, obesity, substance abuse, and depression (1, 3). The more traumatic childhood events experienced, the more likely the impact will be substantial and lasting, especially if the child does not receive buffering supports (3).

Resilience—adapting well in the face of adversity, trauma, threats, or other significant sources of stress—involves a combination of internal and external factors (3). Internal factors go beyond biological predispositions and encompass adaptive responses—thoughts, actions, and habits that can be taught, learned, and developed by anyone—to interrupt the harmful effects of ACEs and toxic stress (3). Externally, having safe, stable, nurturing relationships and environments within and outside the family can reduce ACEs and strengthen resilience (1, 3).

For more information, see kidsdata.org's [Research & Links](#) section.

Sources for this narrative:

- Centers for Disease Control and Prevention. (2021). *Adverse childhood experiences prevention strategy*. Retrieved from: https://www.cdc.gov/injury/pdfs/priority/ACEs-Strategic-Plan_Final_508.pdf
- As cited on kidsdata.org, *Children with adverse experiences (parent reported), by number*. (2023). National Survey of Children's Health.
- Bhushan, D., et al. (2020). *Roadmap for resilience: The California Surgeon General's report on adverse childhood experiences, toxic stress, and health*. Office of the California Surgeon General. Retrieved from: https://osg.ca.gov/wp-content/uploads/sites/266/2020/12/Roadmap-For-Resilience_CA-Surgeon-Generals-Report-on-ACEs-Toxic-Stress-and-Health_12092020.pdf

+ How Children Are Faring

+ Policy Implications

+ Research & Links





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See Data by Region

Select a region:

[\(Expand all | Collapse all\)](#)

California (State-level Data)

- **Legislative Districts** (What's My District?)
 - + State Assembly Districts
 - + State Senate Districts
 - + U.S. Congressional Districts
- **Counties, Cities and School Districts**
 - + Alameda County
 - + Alpine County
 - + Amador County
 - + Butte County



Enter a location and/or a topic



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See Data by Demographic Group

Select a demographic group:
(Expand all)

- + Age
- + Children with Special Health Care Needs
- + English Proficiency
- + Gender
- + Immigrants
- + Income Level
- + Race/Ethnicity
- + Sexual Orientation

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Partnerships

KidsData Partnerships



KidsData.org is often seen as a **resource**, but we're also available for **partnerships**.

- New or enhanced topics
- Co-sponsored events
- Outreach

For more information, visit kidsdata.org/sponsor or email bjarosz@prb.org or nporter@prb.org.

Photo: Sean Robertson via Unsplash

