









# To Stability and Beyond

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#### GROUNDING IN GRATITUDE











#### BRAVE SPACE AGREEMENTS

- Identify and honor pronouns.
- One person speaking at a time
- Expand on acronyms and jargon to ensure understanding.
- Use person first language.
- Extend the most generous interpretation to the intentions, words, and actions of others.
  - When difficult topics, feelings, or defensiveness arises, pause before responding, and take additional processing time if needed.
- Be mindful of your social positioning and honor the experiences of those around you.
- What's said here stays here, what's learned here leaves here
- Give everything one minute of life









#### FOLLOW UP ON CALL TO ACTIONS











#### OPPORTUNITIES TO STABILITY













### BARRIERS TO STABILITY















## LET'S CHAT







