

Evolution of Cyber Attacks & Defending Against Cyber Adversaries

National Cyber Summit
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Speaker Background



Mark Dallmeier:

Industry Veteran, Researcher,
President/CSO/CMO for Various
Cyber & Risk Consulting Firms,
MSSPs, MSPs.

- 27+ Years in the Industry
- Turn Around, Transformation Consultant
- CEO, President, CSO, CMO
- Serial Entrepreneur
- Board Director, Advisor
- Industry Researcher, Analyst, Speaker

HP
Hitachi Global Services
Verizon Business
XO Communications
Avnet
Qwest
3 Sigma
IT Partners
Sage Software
Stach & Liu
BishopFox
Terra Verde Security
Avertium
Vertek
Xceptional
New Genesis Solutions
All Points Logistics

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Previous Research, Presentations

**2020 – 2022 (40+) Cyber, Risk, Compliance Trends
& Best Practices Panels/Webinars**

2019 Cybersecurity Trends, Best Practices:
“Cybersecurity & Compliance Trends in Healthcare”
(AT&T Cybersecurity)
“Managing 3rd Party Vendor Risk” (ISC2 Phoenix)

2018, 2017 Cybersecurity Trends & Predictions:
“Cyber Attack Trends & Industry Predictions.”
“Future Impact of the Equifax Breach.”

2018, 2017, 2016 Phoenix SAC Conference:
“Beyond Ransomware”
“The Future of Ransomware.”

2017, 2016 TribalNet:
“The Mind of a Hacker.”
“Ransomware.”

*Disclaimer: The research, comments and opinions
presented are the sole opinion of the presenter and
do not represent the opinions of All Points Logistics*

Conversation Set Up / Context

**14,000+
Conversations
on Cyber, Risk,
Compliance**

**400+
Cyber, Risk,
Compliance
Customers
20,000+
Deployments**

**2000+
Assessments.
200+
CISO/CIO/CXO
Interviews**

Trends

The more things change the more they appear to stay the same. Industries and organizations have nuances but most face similar challenges, issues.

Lessons

Failures, successes, best practices are valuable. Best practices can be shared, modified, and enhanced for various organizations to use across industries.

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Observations

Many business, cyber, and risk executives have similar issues, experiences, opinions, outlooks, and biases.

Agenda

- 1 Evolution of Cyber Crime, Previous Attack Predictions**
- 2 The Mind of the Hacker and Adversary**
- 3 Evolution of Adversaries**
- 4 Social Media Platforms & Risks**
- 5 Current Protection & Defense Methods**
- 6 Observations, Best Practices, Key Takeaways**

Evolution of Cyber Crime & Previous Attack Predictions

Evolution of Cyber Crime + 2017 Predictions

RANSOM



1970's: Patty Hearst Kidnapping



2016-17: Ransomware + As a Service



2018 +: As a Service Factories



2018 & Beyond: Cyber Hostage Human, Physical, IT

*Julius Ceasar, Chas
Lindbergh Jr., John Paul
Getty III
Frank Sinatra Jr.*

LARCENY



1940s: Capone Mob Theft, Coercion Laundering



2016-17: BEC Targeting Tool Kit Integration



2018 +: Cyber & Physical Integration, Orchestration



2018 & Beyond: Criminal Enterprise 2.0

FRAUD



1930s: Victor Lustig Impersonation Counterfeiting



2016-17: BPC Cyber + Physical Attack Integration



2018 +: Business Disintermediation, Storefronts



2018 & Beyond: Business & Brandjacking

These Attacks Represent the Technical Weaponization of Criminal Acts that Have Been Around for Thousands of Years.

2017 Predictions Continued



Beyond:
Cyber Hostage
Human, Physical, IT

- *Targeting Business, Individuals, IT*
- *Utilizes IoT Exploits to Gain Full Situational Control:*
- *Physical Buildings, Transportation Devices w/ People Involved*
- *Acceptance of Various Payment Types*



Utilities, Research, Development, Manufacturing, Supply Chain:

- Systems down
- Access down
- Manufacturing down
- Communications controlled, down



Airplanes, Airports, Travel, Automobiles, Buses, other:

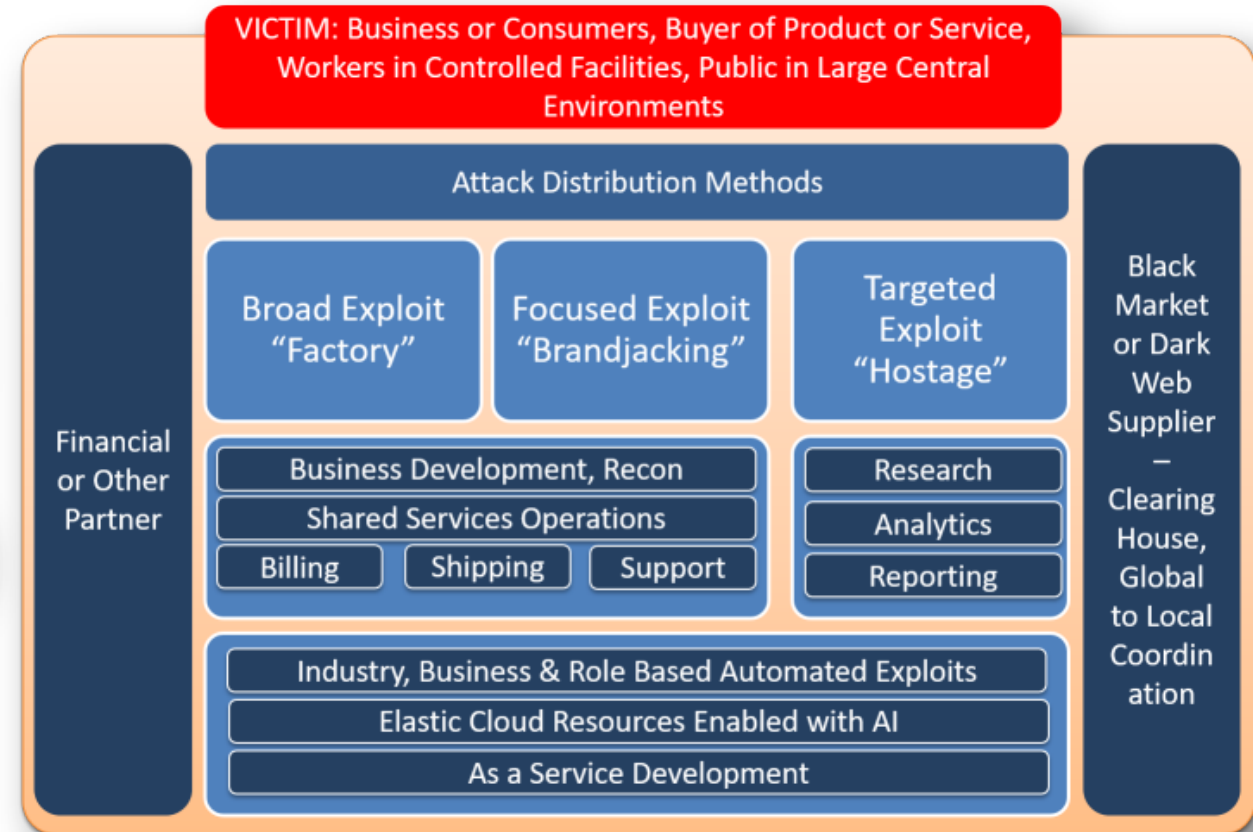
- Systems down
- Access down
- Travel down
- Communications controlled, down

Held hostage by hackers - latest computer virus infecting the valley | WDAZ

Buildings, Stadiums, Public Transportation, Logistics:

- Systems down
- Access down
- Travel down
- Communications controlled, down

Evolution of Cyber Attacks & Dark Web 2018



Brandjacking 2018 – Now Commonplace

<https://www.12news.com/video/news/local/brandjacking-how-you-can-keep-your-identity-safe-online/75-8106218>

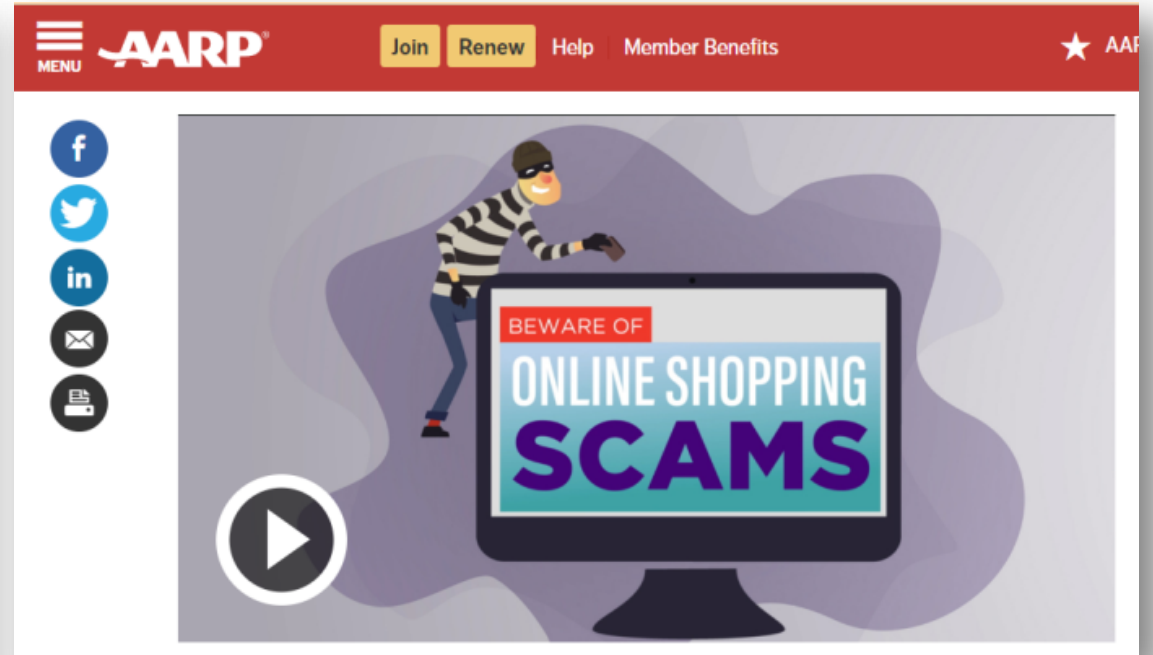
Brandjacking: How you can keep your identity safe online



Cybersecurity expert, Mark Dallmeier, says a global attack is threatening your confidential information on the internet.

Author: 12news.com

<https://www.aarp.org/money/scams-fraud/info-2019/online-shopping.html>



April 21, 2021

FBI Warns Cyber Criminals Are Using Fake Job Listings to Target Applicants' Personally Identifiable Information

Hacking Evolution Timeline, Propagation 1960-2018

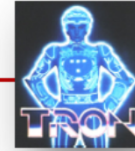
1960's –
1980's



1960: M.I.T.
Hacking Trains, Tech to enhance



1971: Blue Box
Telecom LD Hacking for free service



1984-86: 2600 Magazine
Hacker's Manifesto



1987: Max Headroom
Television broadcast hacking

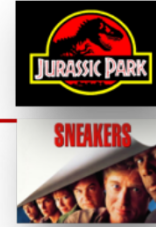
1990's



1990: U.K. Computer Misuse Act
Operation Sundevil



1991: Internet is Created



1994: Citibank Hacked



1995: Kevin Mitnik Arrested



2000 –
2018



2001-03: MSFT DDOS Attack
Formation of Anonymous



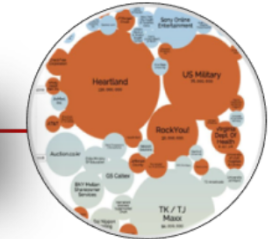
2003: MSFT Bounty



2013: 30K Websites
Hacked Daily



**2014 – 18: Ebay, Target, Equifax,
EDGAR, IRS, Sony, Etc All Hacked**
Hackers Get Hacked

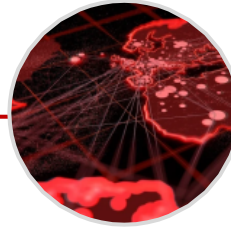


Hacking Evolution Timeline, Propagation 2019-22

2019 -
2022



2019: Targeted Attacks on Social Media, States, Education, Healthcare Labs, Manufacturers, Fed Agencies.



2020: Covid & Election Mis-Dis-Mal Information & Fraud Attacks. Remote Workers, Clinics, Supply Chain, Election Site Attacks.

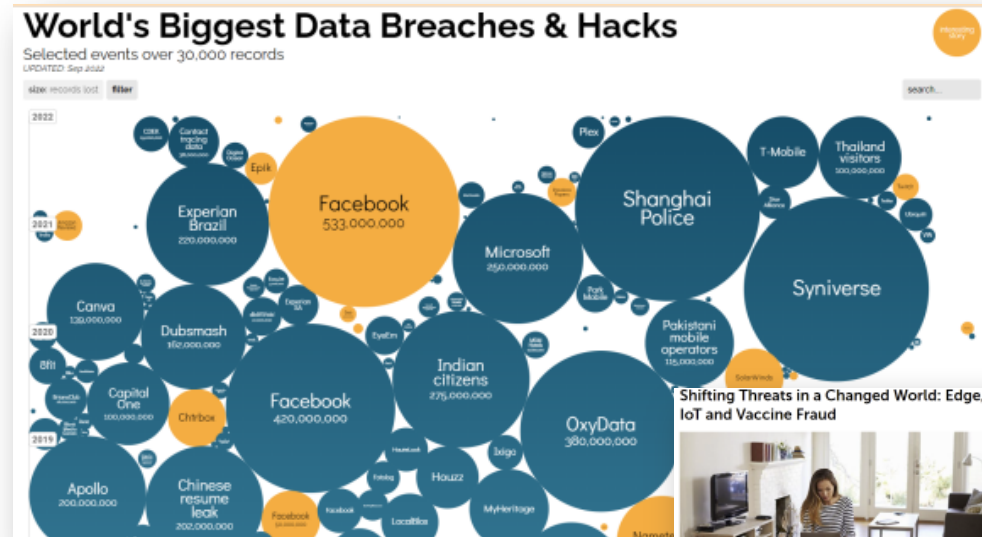


2021: Ransomware, Extortion, BEC, Phishing, Critical Infrastructure, Water, Pipeline, Supply Chain, Media, Remote Workers.



2022: Targeted & Orchestrated DDoS, Botnet, Ransomware, Phishing on Ukraine, U.S., Allies, Business, General Public

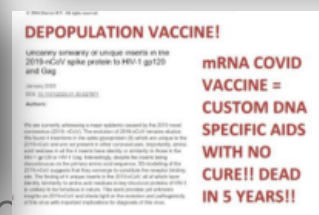
<https://www.informationisbeautiful.net/visualizations/worlds-biggest-data-breaches-hacks/>



Shifting Threats in a Changed World: Edge, IoT and Vaccine Fraud



[https://www.europarl.europa.eu/RegData/etudes/BRIE/2022/733549/EPRS_BRI\(2022\)733549_EN.pdf](https://www.europarl.europa.eu/RegData/etudes/BRIE/2022/733549/EPRS_BRI(2022)733549_EN.pdf)



The Mind of Hackers & Adversaries All Points

WHAT MOTIVATES

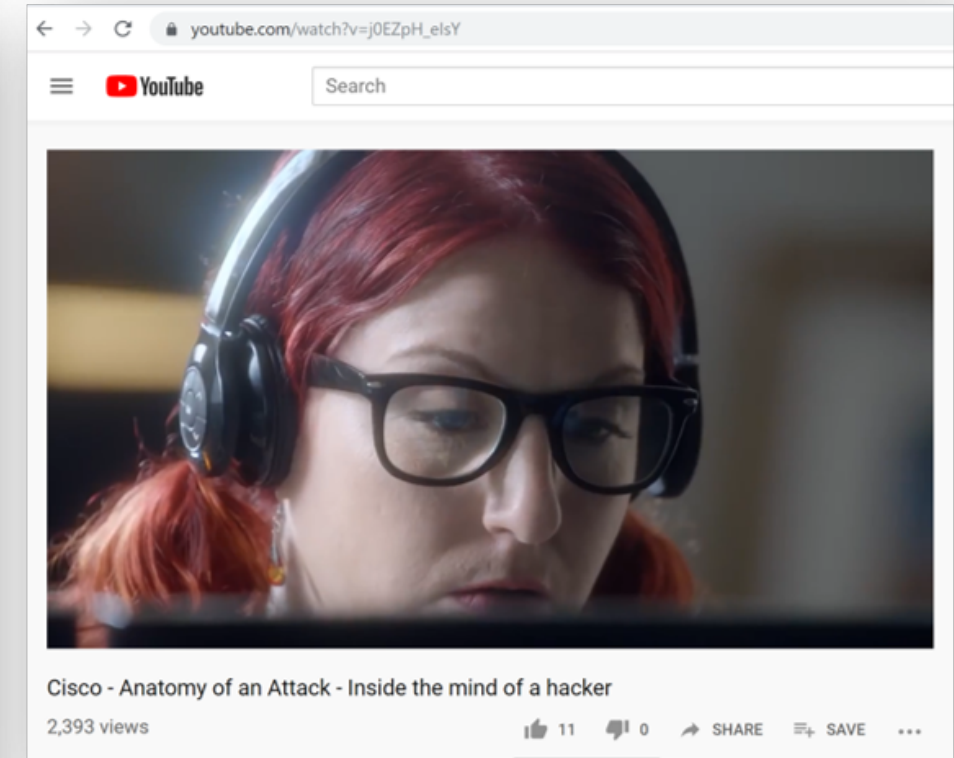
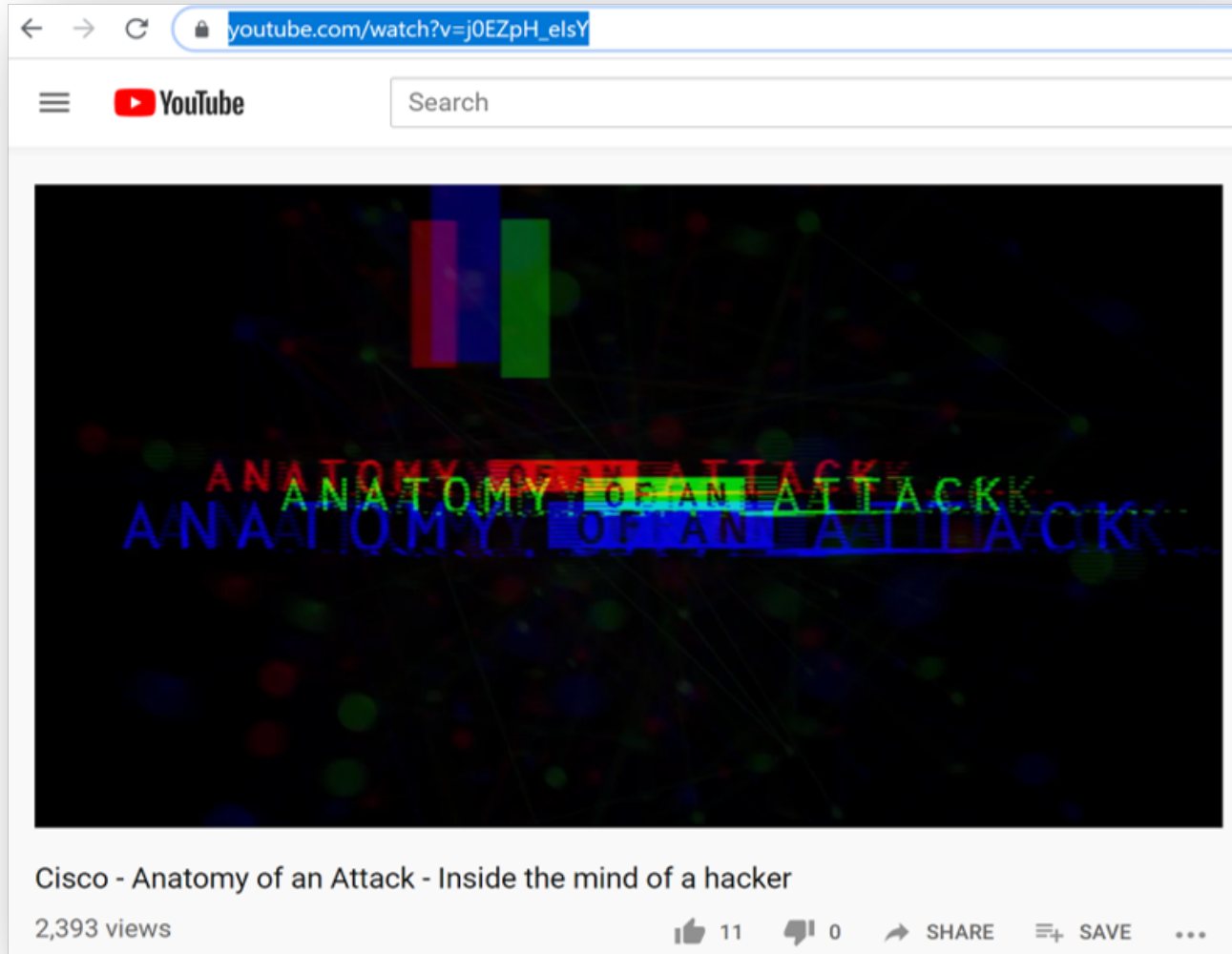
WHITE HAT	GRAY HAT	BLACK HAT	CRIMINALS	INSIDERS
Desire to Learn	Desire to Protect	Self Gratification	Malicious Intent	Revenge
Desire to Protect	Altruistic Reason	Ideology	Personal Gain	Personal Gain
Altruistic Purpose	Desire to Learn	Personal Gain	Entitlement	Espionage

WHAT DRIVES BEHAVIOR

WHITE HAT	GRAY HAT	BLACK HAT	CRIMINALS	INSIDERS
Altruistic Purpose	Personal Ideology	Self Gratification	Personal Gain	Personal Gain
Desire to Protect	Altruistic Reason	Personal Gain	Malicious Intent	Entitlement
Desire to Learn	Desire to Protect	Malicious Intent	Ideology	Revenge

Inside the Mind of a Hacker

https://www.youtube.com/watch?v=j0EZpH_elsY



A great video from Cisco Systems illustrating the Anatomy of an Attack and includes the thoughts of one of the hacker team members that completed the reconnaissance on the company.

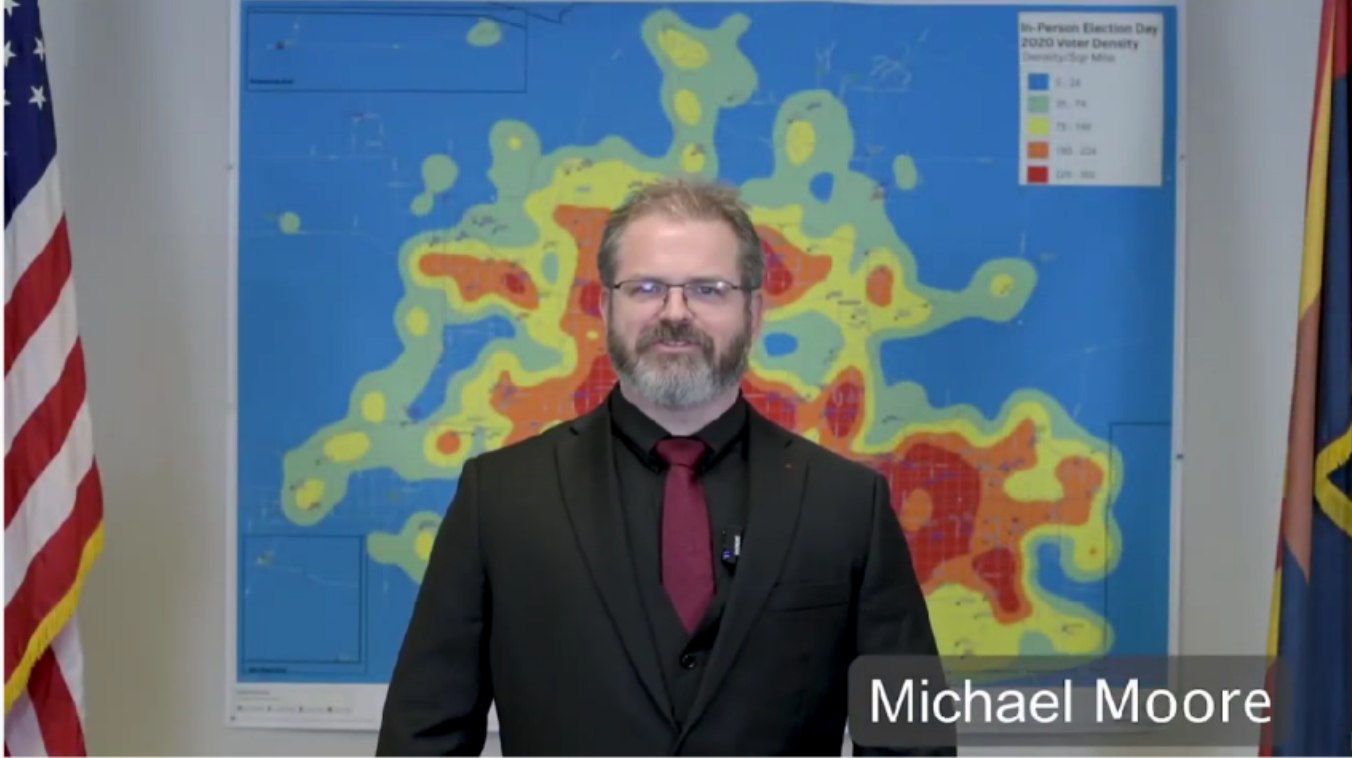
Growth of Mis-Dis-Mal-information *All Points*

All Points
www.allpointslc.com

<https://www.youtube.com/watch?v=Cmo9ZF1abuQ>

youtube.com/watch?v=Cmo9ZF1abuQ

YouTube Search



Michael Moore

United We Stand

355 views Streamed live on Aug 13, 2022 Speaker: Michael Moore, Information Security ...more



Misinformation	Disinformation	Malinformation
Wrong info, but not on purpose	Flat out lie	Legit content, manipulated

Disinformation Stops With You

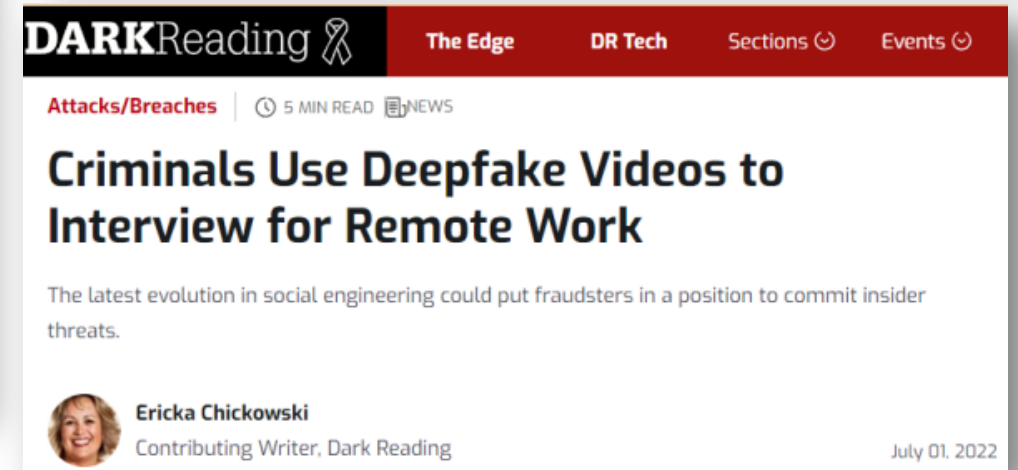
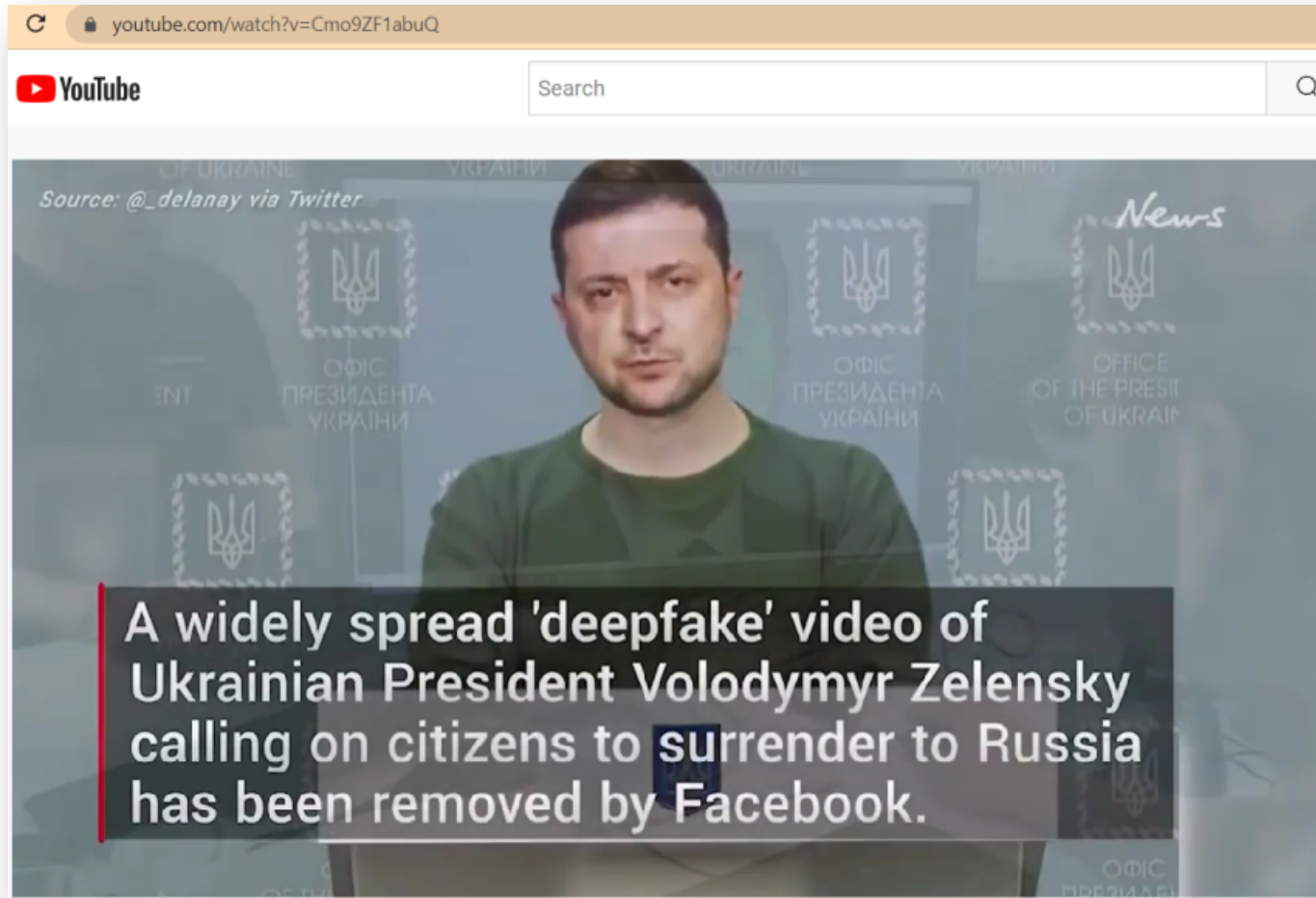
- Disinformation Stops With You
- Recognize the Risk
- Question the Source
- Investigate the Issue
- Think Before You Link
- Talk With Your Circle

Maricopa County Elections Department | 602-506-1511 | Maricopa.Vote

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Growth of Synthetic Content, Deepfakes

<https://www.youtube.com/watch?v=Cmo9ZF1abuQ>



Evolution of Adversaries

- 1 Nation States
- 2 White Hats
- 3 Gray Hats
- 4 Black Hats
- 5 Hacktivists
- 6 Cyber Criminal Syndicates
- 7 Opportunists/Public (Ideology Driven & Malicious)

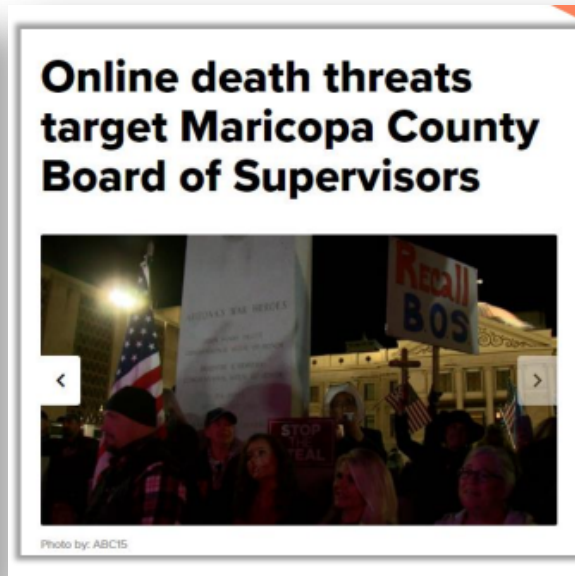
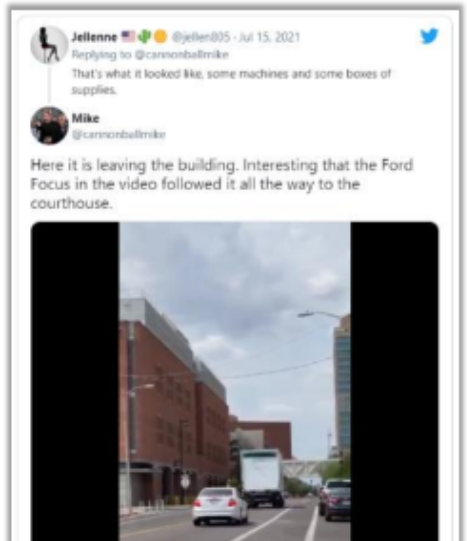
Observation

This is not just a technology war. We are fighting against embedded human behavior and ideologies.

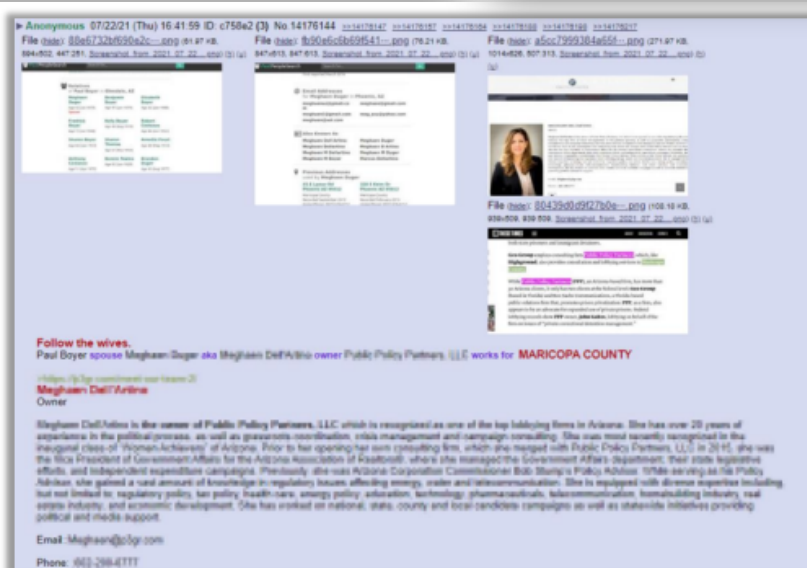
New Adversaries on Social Media = New Threats, Risks



All Points
www.allpointslc.com



- ✓ Maricopa Election Audit drove social media support
- ✓ Served to rally conspiracy theorists
- ✓ Used for donations
- ✓ Routinely posted unofficial findings
- ✓ Armed Citizens tracking and reporting on ballot movement
- ✓ Threats being made to officials
- ✓ Attack planning against spouses, families



Social Media Platforms & Risk Realities

1 Not only a measure of engagement, sentiment...but

2 Brands and reputations are being targeted, impacted

3 Is leveraged for targeting, planning, mobilization

4 Can be a rich source of intelligence

- ✓ *Cyber threats*
- ✓ *Kinetic threats*
- ✓ *Adversarial intent*
- ✓ *Threat actor identification*

- ✓ Social media is a business
- ✓ Profit is driven by user engagement, data
- ✓ Conflict = more engagement, data
- ✓ Can be used to drive negative sentiment
- ✓ Nation-states have employed social media with great effect
- ✓ It is easier to hack minds than computers..."We will defeat you from within".

Current Protection & Defense Methods



ENG

Protection & Defense Methods

- 1 Assets & Players: *Validate Assets, Identities*
- 2 Lock the Doors, Windows: *Email, Network, Cloud, Data*
- 3 Control the Assets: *Vuln, Config, Access*
- 4 Backup the Business: *BCDR, Immutable BU*
- 5 Always be Watching: *SIEM/SOC/Automation*
- 6 Program Procedures: *Legal, Compliance, Training*
- 7 Governance: *Tops Down, Bottoms Up, Cross Matrix*

- ✓ Hacking the Human is pervasive; SETA is commonplace
- ✓ MFA has become required for cyber insurance coverage
- ✓ Layered approach to security is needed
- ✓ Zero Trust approach is required
- ✓ How are we addressing new adversaries, social media risks, threats?

Questioning the Status Quo

- 1** Assets & Players: *Asset Inventory & Identity Management*
- 2** Lock the Doors, Windows: *Air Gapped, Segmentation, Quantum Encryption*
- 3** Control the Assets: *Configuration Standards, Vulnerability Prioritization, MFA*
- 4** Backup the Business: *Operations & IT Continuity, Simulations*
- 5** Always be Watching: *Social Media, Physical, Geo, 3rd Party, Mining - Intelligence*
- 6** Program Procedures: *Financial, Operations, Suppliers, Partners*
- 7** Governance: *Cyber Declaration-Culture, Mastering Change Management*

Observations, Best Practices, Key Takeaways

Observations

- 1 Cyber Criminal Industrial Revolution is Underway & Accelerating**
- 2 2024 Election Could Be Worse Than 2020 – Increased Polarization, Attacks**
- 3 Continue to Track, Monitor, be Mindful of Emerging Adversaries**
- 4 Watch for Brandjacking, Social Media Mobilization from Adversaries**
- 5 Investigate Social Media Crawling Tools to Track Adversary Activities**
- 6 Use Artificial Intelligence to Sort, Analyze Social Media & Large Pools of Data**
- 7 Training, Skill Development, Counseling for Social Media Threat Hunting, Analysis**

Best Practices

ACKNOWLEDGE TRENDS

- ❑ Hacking the Human Works – Phishing/Social Engineering Attacks, Losses Are Growing.
- ❑ Ransomware & Malware Attacks Are Pervasive.
- ❑ Scans & Attacks Are Automated 24/7/365.
- ❑ Once Breached, Attacks Increase.
- ❑ No Org is Too Small To Be Attacked.
- ❑ Cyber Insurance Coverage is Not a Viable Strategy - is More Costly & Difficult to Attain.

HOW TO BEGIN

- ❑ **Program:** Deploy a Cyber Plan/Program/Resources with Communication Plan.
- ❑ **Patch:** Scan and Update Systems/Vuln Management.
- ❑ **People:** Train, Educate, Incent Employees, Counseling for Infosec.
- ❑ **Passwords:** Update, Change and Manage Passwords.
- ❑ **Zero Trust Approach** to IT Network/System Access.
- ❑ **Secure and Harden** IT Systems/Applications.

PROGRAM

- ❑ Zero Trust with Multi-Factor Authentication.
- ❑ Continuous Monitoring, Detection, Alerting, Response to Risks, Threats, Attacks.
- ❑ Social Media Review, Intel Gathering, Monitoring.
- ❑ Inventory, Scan, Patch, Fix or Remove Old Systems.
- ❑ Train, Educate, Phish, Incent People.
- ❑ Encrypt Data.
- ❑ Corporate-Wide & 3rd Party Scans, Assessments.

TRUSTED PARTNERS

- ❑ Managed Threat Detection, Alerting, & Response (SIEM, SOC).
- ❑ End Point Detection & Response (Anti-Malware, Anti-Ransomware).
- ❑ Security and Risk Assessments.
- ❑ Backup as a Services.
- ❑ Security as a Service.
- ❑ Compliance as a Service.
- ❑ Managed IT Services.

The first step in reducing the risk of a cyber-attack, data breach, or compliance action is to acknowledge the trends and the realities impacting your industry. Employees and 3rd Party Vendors are the weakest links in terms of data privacy and cybersecurity and are being targeted by cybercriminals and hackers. **The next critical step is to deploy a data privacy and cybersecurity plan and program that includes implementing continuous risk, threat, and attack monitoring, detection, and response capability inside your organization.** *This enables visibility into real-time risks and threats and provides specialized resources and support to remove and remediate threats.*

Key Takeaways – Next 6 Months

- 1 Determine Capabilities/Gaps Around Best Practices + Social Media Monitoring**
- 2 Engage with Executives, Educate on Best Practices & Emerging Risks**
- 3 Update BCDR/IR Plans, Protocols to Address Ransom, Extortion, BEC, Social Media & Physical Attacks and Risks**
- 4 Watch for Brandjacking, Social Media Mobilization from Adversaries**
- 5 Document & Report the Team's Progress & Positive Impact on the Organization**
- 6 Continue to Assess, Refine Capabilities Including Social Media Risk Monitoring**

Questions? Thank You!
Visit us at Booth 613

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